

Faktr technique



FAKTR (pronounced FACTOR) stands for **Functional and Kinetic Treatment with Rehab**. It incorporates the latest research and evidence based soft-tissue techniques into a comprehensive protocol to treat common disorders of the musculoskeletal system and complicated injuries quickly and easily with impressive results.

High powered cold laser therapy

During this procedure, different wavelengths and outputs of low-level light are applied directly to a targeted area. The body tissue then absorbs the light. The red and near-infrared light cause a reaction, and the damaged cells respond with a physiological reaction that promotes regeneration.



Extracorporeal shockwave therapy

Extracorporeal shockwave therapy is a non-invasive, out-patient alternative to surgery for those suffering from many joint and tendon disorders. [Wikipedia](#)