

Scott Ford Gillman, DC, DACBSP

508.650.1091 • scott@drgillman.com

CLINICAL PRACTICE PROFILE

Chiropractic Sports Physician Graston Technique ▪ Deep Tissue Therapies ▪ Fascial Release Techniques
Instrument-Assisted Soft Tissue Methods
Lumbar Spine Decompression Techniques ▪ Kinesio'Tape Techniques
Custom Foot Orthotic Fabrication ▪ Nutrition Counseling ▪ Exercise Training

25+ years' experience developing expertise in chiropractic spine and sports medicine in private practice as well as high profile, challenging and world class environments.

Chiropractic Sports Medicine Degree * Field experience at Olympic and international sports venues

* Experienced lecturer, presenter and writer on health, fitness and sports medicine

PROFESSIONAL EXPERIENCE

GILLMAN CHIROPRACTIC, PC, Natick, MA
CEO, Provider

1991 – Present

This respected and well established practice utilizes modern, evidence guided, patient centered care for athletes and non-athletes with musculoskeletal conditions. Patients undergo a thorough physical examination of the spine and extremities encompassing orthopedic and neurologic testing, functional movement and strength assessment. Provides a cost effective avenue of care that relieves pressure on primary care doctors.

Medical Provider at Prominent Domestic and International Events: On-site, On-field, or Polyclinic

- **22nd Central American and Caribbean Games 2014, Veracruz, Mexico** Track/Field, motocross, athletes from 30+ nations;
- **World Games 2013, Cali, Colombia:** Medical provider at DanceSport, Gymnastics, Hockey, Ultimate (frisbee) venues, with athletes from 40+ nations;
- **Pan American Games 2011, Guadalajara, Mexico** Medical provider in the Polyclinic and on-site at karate, judo, volleyball and gymnastics;
- **U.S. Olympic Training Center, Colorado Springs, Colorado June 2010** Volunteer rotation; clinic and field;
- **Olympic Games, Beijing, China 2008** Provided care to international athletes and coaches/staff members at the World Olympians Association on-site clinic;
- **Brestyan's Invitational (Gymnastics)** Medical coordinator; providing on-site emergency care and sports chiropractic treatment during this annual event hosted by the Brestyan's American Gymnastics Club since 2014;
- **CrossFit Northeast Regionals 2013 and East Coast Championships 2014** Medical provider;
- **Penn Relays 2009-2012** Provider for the Jamaican track and field team during the 4 day event at U. Penn;
- **Champions City-to-City Tour, USA Gymnastics 2009 Boston;** provided care to athletes and staff
- **Boston Renegades USL Women's Division-1 Soccer League 1999–2004** Team Chiropractor; on-site/on-field care; provided team pre-participation physical exams.
- **International Powerlifting Association World Championships 2004** (Miami, USA), **2008** (St. Johns, CN)

NOVA PHARMACEUTICAL CORPORATION
Senior Pharmacology Research Technician

1983 – 1986

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CREDENTIALS / EDUCATION

International Chiropractic Sports Sciences Diploma (ICCSA), 2007. Fédération Internationale de Chiropratique du Sport (FICS-Sport.org)

Chiropractic Sports Medicine Diplomate, 2004 American Chiropractic Board of Sports Physicians

Doctor of Chiropractic, 1986–1989. Northwestern Health Sciences University

Acupuncture Certification, 1989. Northwestern Health Sciences University

BS Biology (Neuroscience Focus), 1979–1983. Richard Stockton College of New Jersey

PROFESSIONAL AFFILIATIONS

- Member: New England Sports Medicine Council; American Chiropractic Association; FICS-Sport.org
- Palmer College of Chiropractic, Florida: Adjunct faculty member for the Preceptorship Program, 2010

ARTICLES / PRESENTATIONS / PUBLICATIONS

- MetroWest Daily News, Framingham, MA 2015-2017: Monthly columnist writing on health, fitness, and sports medicine
[Click here for articles](#)
- Lectures and Presentations (partial listing)
 - * MA Worker's Comp Care, Annual Symposium: Faculty since 2015
 - * Boston Health and Fitness Expo 2013
 - * New England Sports Medicine Council 2012
 - * Northeastern University 2011: Kinesiology tape workshop for Athletic Training staff
 - * Back Safety Program, Framingham Fire Department 2010: Lecture and instruction
 - * USA Gymnastics National Congress, Hartford, Connecticut 2010
 - * MetroWest Medical Center Framingham ~1995 and Natick ~1997: Grand Rounds
 - * Southboro Medical, Natick Medical, Charles River Medical: Medical lectures
- Publications:
 - "Long-Lasting Analgesic Effect of Oxymorphanazine in Rats," Agonists and Antagonists III, n. 7675 1985
 - "Work Related Injury," The Hanover Report June 1993
 - "The impact of chiropractic manipulative therapy on chronic recurrent lateral ankle sprain syndrome in two young athletes," Journal of Chiropractic Medicine 2004

PERSONAL INTERESTS

Ballroom and salsa dancing, snowboarding, cycling, saltwater fishing, cooking and trap shooting